

Step 3a - Scales Are Good  
Diatonic - (1-5) - 1,2,3,4,5

C

BbMA7 G7 CMIN7 F7

Bb

CMA7 A7 DMIN7 G7

Eb

GMA7 E7 AMIN7 D7

Step 3b - Scales Are Good - Equal & Opposite  
Diatonic - (5-1) - 5,4,3,2,1

C

BbMA7 G7 CMIN7 F7

Bb

CMA7 A7 DMIN7 G7

Eb

GMA7 E7 AMIN7 D7